



### WELCOME \

to the exclusive retreat of Soma Spa 'The Refined' where the very essence of classical spa experiences is given profound meaning. Here, our commitment is to redefine luxury, infusing treatments with a level of sophistication that reflects the refined knowledge of our expert therapists.

Within the serene confines of Soma Spa 'The Refined,' every treatment is an artful masterpiece, meticulously crafted to ensure an elevated experience tailored precisely to your individual needs.

Our therapists, possessing a wealth of expertise, bring forth a level of refinement that transforms each moment into an indulgent journey, uniquely yours.

Embrace the truest sense of luxury as you become the focal point of our carefully studied protocols. Our therapists, with a discerning eye, guide you through an array of massages, results-oriented facials, and purposeful body treatments, all designed to not only pamper but to meaningfully contribute to your overall well-being.

Embraced by ELEMIS, iS Clinical and Codage Paris, with signature treatments that are exclusive to our spas.

This is not just a spa; it's a sanctuary where timehonoured traditions meet modern sophistication. Let Soma Spa 'The Refined' be your haven, where every detail is an homage to the classic meaning of spa, and every moment is a celebration of refined luxury.





### SOMA SPA\

Our Preferred Brands

#### ELEMIS

A skin wellness brand with an aromatherapist's soul, an artist's spirit, and a scientist's commitment to results. An innovative and global British skincare brand with over 30 years of expertise. A brand that believes in "truth in beauty", focusing in delivering proven results with feel-good skincare products combined with cutting-edge patent- ed technology. Nature powers the ELEMIS products: by sourcing natural extracts that catalyse each other and harnessing the power of nature's finest active ingredients, delivering results that you can see and feel, both inside and out.

#### CODAGE PARIS

Inspired by the Periodic table of elements, CODAGE uses cocktails of active natural ingredients that work synergistically to answer specific needs. Combined and dosed, they bring to the skin essential nutrients to its proper functioning. Each treatment is build as a unique composition of formulas that builds a code or "codage" in French.

#### iS CLINICAL

One of the world's leading Cosmeceuticals, iS Clinical offers technologically advanced treatments, with pharmaceutical grade ingredients, that are botanically derived. Using only the best active ingredients, the products rejuvenate the complexion, while clarify- ing, balancing, and nourishing the skin. Used by some of the world's leading dermatol- ogists and celebrity aestheticians, it prides itself in real and visible results.

## SIGNATURE SOMA SPA \

Immersion Catharsis Our SOMA Spa Signature welcome touch infuses the essence of Greece into the treatment room, setting the stage for a truly transformative experience. Each session begins with the application of a restorative body balm, delicately massaged onto your upper back or decollete, inducing a state of therapeutic relaxation.

Next, we elevate your senses with a refreshing Aloe Vera Mist sprayed high above your head, followed by an "Inhalation Tent" infused with the calming scents of Lavender and Rosewood Essential Oils. With your mind and body primed for rejuvenation, you're ready to immerse yourself in our bespoke and advanced Face and Body Therapies, tailored to your unique needs and desires.

SOMA
SPA \
Green
Promise

We prioritize safety and efficacy in our spa products by selecting brands that use natural, clean ingredients sourced ethically. Our products are formulated with integrity, free from parabens and harmful ingredients. We also prioritize vegan formulations whenever possible, using natural and sustainably sourced ingredients in recyclable packaging.

As a Wellness brand at SOMA Spa, we take responsibility for both the health of your skin and the environment. To minimize our impact, we use minimal water in our treatments and opt for biodegradable or fully recycled disposable materials. While we're taking small steps now, we're committed to ensuring the well-being of our guests and the planet.

## SANTORINI SIGNATURE SPA THERAPIES \

Inspired by the flora of Santorini, the fertile land of our island, the Greek mythological Gods and the therapeutic practices of Hippocrates.

## THE OLIVE ROOT \

75' \ 180 €

Spa Journey There are estimated to be as many as 4 million olive trees on Corfu island, some of them over 400 years old. Our Olive Root Spa Journey begins with a full body massage using a blend of massage oil infused with olive oil extracts, rich in vitamin E, that helps relieve inflammation and pain. The ritual rounds up with a face cleansing experience, using a clarifying mud mask, powered by rosemary, lemon, kaolin clay and olive oil, which makes it a potent, anti-inflammatory and anti-oxidant, with its natural antibiotic proper- ties.

## THERAPEUTIC HEALING \

60' \ 170 €

Inspired by Hippocrates

Experience the timeless wisdom of Hippocrates with our therapeutic massage ritual, inspired by his foundational principles. Hippocrates advocated for massage techniques involving friction or rubbings, aimed at inducing relaxation and promoting balance within the body. Our healing approach targets key areas: the Head & Neck, representing the crown of the body; the feet, serving as the foundation; and the abdomen, the center of the body. Through targeted detoxification and cleansing, this massage promotes a healthier system from within. Immerse yourself in this comprehensive therapeutic experience, beginning with a revitalizing dry brushing of the body and concluding with a refreshing mist of Kefir Tea water to awaken the senses. Rejuvenate your mind, body, and spirit with our holistic Hippocratic massage.



### TRANQUIL \

60' \ 150 €

Cbd Massage

This CBD Massage is specifically tailored to alleviate pain and inflammation, expediting the recovery process. The endocannabinoid receptors in your brain readily respond to the compound, which penetrates the skin, thereby stimulating the endocannabinoid system. This system is crucial for various bodily functions including immune function, digestion, mood, and sleep regulation. As the body transitions into a rest-and-digest state, massaging the areas of concern encourages the release of toxins and promotes maximum relaxation. Experience the soothing benefits of CBD, helping you achieve a state of profound relaxation and wellness.

### MUSCULAR RELIEF THERAPY\

90' \ 190 €

A Signature Combo Of Tech & Hands (Using Theragun Percussive Therapy by Therabody)

Experience the ultimate Jet Lag Recovery with our exclusive Signature Massage, crafted by our team of expert physios and therapists to provide maximum relief for overworked muscles and extreme fatigue. This Authentic Massage targets your entire body, combining Deep Tissue techniques with the added benefits of Percussive therapy from Therabody's renowned Theragun Elite. Feel your blood circulation harmonize with your body's physiology as tension melts away, leaving you with a sense of lightness and tranquility. Let us rejuvenate your body and mind, ensuring you're ready to conquer your next adventure feeling refreshed and revitalized.

Add-On

Recovery Air Pressure Boots

20'\40€



Advanced massage sequences to unwind and re-charge.

## THE DEEP TISSUE \

30'\85€ 60'\140€ 90'\165€

Massage

Tailored entirely to your needs, it leaves you feeling grounded and focused. We will select an ELEMIS Luxury aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation, or emotional balance. Skin is prepped to release toxins and the flow- ing massage works deeper and deeper into the tension, encouraging optimum circulation.

# THE AROMA-THERAPY\

60' \ 140 € 90' \ 165 €

Massage

Step into a realm of pure relaxation with our luxurious aromatherapy oasis massage. Immerse yourself in the soothing scents and therapeutic benefits of aromatherapy, tailored to envelop you in a state of tranquility. Feel your stresses melt away as you indulge in this blissful escape, leaving you feeling rejuvenated and revitalized.

## THE HOT STONES \

30'\90€ 60'\145€ 90'\175€

Massage

Balinese stones bathed in the ELEMIS Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the bonus of intensely hydrated skin. Achieves all over deep relaxation with penetrating heat from the stones and introduces you to a new level of touch and relaxation.

## THE FRANGIPANI \

60' \ 135€

Indian Head Massage With Back Massage Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading that invigorates and clears your head.

## THE SWEDISH \

30'\85€ 60'\135€

Massage

From the soles of your feet to the crown of your head, this is much more than just a mas- sage. Your body is lightly dry brushed, before pure, warm aromatherapy oils prescribed to your needs are massaged over the body. A massage that deeply relaxes your mind and body.

## THERAGUN ADD ON \

10€

A handheld, battery operated 'Percussive Therapy' device, designed to naturally address muscle pain. The rapid and repetitive application of pressure increases blood flow and the oxygen levels delivered to the muscle, relieving soreness, improving movement and aiding recover. Add it to any of the massages for that extra bit of recovery and stress.



Using hands as the strongest diagnostic tool in combination with precise massage techniques and pure natural active ingredients.

### ELEMIS PRO-GLOW GENIUS \

75' \ 160 €

Your Linefighting Superhero Facial Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin. Powered by our ULTRA- SMART technology, with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration, skin will be visibly smoother, resilient, and firmer looking. An unsurpassed, line-fighting facial experience, skin will appear immediately firmer and more radiant after just one treatment.

# ELEMIS PRO-GLOW SMOOTH \

50' / 140 €

The HIIT Workout For Your Skin Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

# ELEMIS PRO-GLOW RESURFACE \

50' / 140 €

(Cleansing Facial)

Resurfacing For Stunningly Smooth Skin Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes and blackheads, this unique facial powered by patented Tri-Enzyme technol- ogy minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother, and renewed.

### ELEMIS PRO-GLOW BRILLIANCE \ AROMATHERAPY

30' / 90 € 50' / 125 €

Your Recipe For Radiance Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an out-doorfresh glow, skin is left feeling fresh, radiant, and healthy. Added bonus in that all formulas in this facial are vegan friendly.

# PRO-GLOW MEN'S FACIAL \

50'\125€

The well-ageing Facial for Men's Skin This is the hard-working facial for ageing, stressed, dehydrated skin and tired eyes. An energising treatment that speaks to every skin concern, restoring vital moisture and nutrient levels. Multi-dynamic facial massage sequences boost circulation, whilst target- ed scalp and foot massages deeply relax.

### FACE FITNESS WORKOUT \

60' / 150 €

Powered By Theraface Pro The ultimate device for facial skin health. A relaxing facial massage meets the facial treatments you love. Reduce tension and relax facial muscles with the technology behind Theragun percussive therapy, now designed for the face. This multi-tasking device doesn't stop there — from skintoning microcurrent to rejuvenating light therapy, and completed with hot and cold therapy rings, with three temperature that are specifically designed to reduce tension, pain, and inflammation. A cardio gym session for your face with immediate results in toning, firming, and refining the contours. Performed with ELEMIS.

## FIRE & ICE FACIAL \

60' / 150 €

The "Red Carpet Hollywood Facial" by iS CLINICAL A pharmaceutical grade, botanically derived cosmeceutical brand.

A clinically active treatment system designed to resurface the skin, reducing fine lines and wrinkles, smoothing, softening, and encouraging cellular renewal rapidly and safely. Known globally as the "Red Carpet Facial" that A-List Celebrities love before their appearances, it reveals an instant glow, through pharmaceutical grade and botanically derived ingredients.

### LED MASK \

10' / 35 €

Your Recipe For Radiance Focusing on two clinically proven wavelengths of light 633nm (red) and 830nm (Near Infra-Red) we stimulate collagen and elastin production and improve circulation and tissue oxygenation. Using low-level light therapy (LLLT) to expose the skin to red and Near Infra Red wavelengths of light, delivered at a safe therapeutic dose, to stimulate a natural cellular response across one treatment mode. You can add this therapeutic and anti-ageing technology to any choice of treatments.

### PREGNANCY \

Nurturing aromatics along with wisdom, empathy and respect for pregnancy safe treatments.

## ELEMIS PEACEFUL \

75' \ 160 €

Pregnancy Massage This unique pregnancy massage is profoundly nurturing and tranquil. An intuitive, sensi- tive, and relaxing massage hydrates and moisturises skin that is expanding to accom- modate a growing baby. Only nurturing aromatics are imparted, along with wisdom, empathy and respect.

## PEACEFUL PREGNANCY \

2h35'\290€

Face & Body Experience Peaceful Pregnancy Massage 75'
ELEMIS Pro-Glow Brilliance 50'
Foot Treatment 30'



Detox, re-shape and nourish with our high-performance body therapies.

### ELEMIS CELLUTOX SEAWEED \

Wrap Against Fluid Retention Experience the ultimate detoxification and cleansing with our seaweed body treatment, designed to purify both inside and out. Harnessing the power of sea plants and marine algae, this treatment combines with aroma-therapeutic actives to deeply cleanse and revitalize your body. Perfect for reducing fluid retention and improving skin texture, a warm seaweed body mask infused with a detoxifying blend of Juniper and Lemon essential oils is applied before you're enveloped in a comforting foil wrap. While cocooned, indulge in a deep Thai drainage facial massage and a de-stress scalp treatment, leaving you feeling refreshed and rejuvenated from head to

### CODAGE CONTOURING & DRAINAGE \

60' / 140 €

75' \ 150 €

Full Body Massage This treatment provides a concentrated firming and toning action. The toning massage helps smooth the skin and reduces the appearance of the "orange-peel" effect. The drainage-stimulating massage techniques promote cellular elimination and regeneration.

## ELEMIS TARGETED \

30' / 90 € 90' / 175 €

Contouring & Toning Treatment A potent blend of minerals, and seaweeds collaborates to address concerns of skin texture and tone on hips, thighs, abdomen, and backs of arms. Targeted sculpting massage techniques stimulate micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling rubberized mask, enriched with detoxifying caffeine and green clay, is applied to problem areas, while clinically proven Red Algae revitalizes areas prone to sagging, leaving you feeling refreshed and rejuvenated.

You can choose a localised treatment: arms, hips & thighs, or abdomen.

## INTENSELY CLEANSING \

40' / 90 €

Salt Scrub Frangipani or Lime & Ginger

The extraordinary cleansing power of salt goes to work releasing toxins in this body pol- ishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

### ELEMIS AFTER SUN \

60' / 125€

Body Nectar Nourishing Wrap This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super- hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the moodbalancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.



THE FINISHING TOUCHES \

Manicure	50€
Pedicure	60€
Soak Off Manicure Gel	70€
Soak Off Pedicure Gel	80€
Removal Of Nail Gel	20€
(Hands Or Feet)	

### WAXING \

Full Leg	60€
Half Leg	30€
Full Arm	40€
Half Arm	20€
Under Arm	25€
Bikini Line	35€
Chest	40€

### SPA PACKAGES \

Targeted spa experiences for a holistic and 3D approach to wellness and well-being.

### DETOX & CONTOURING PACKAGES \

### 3 Days \ 650 €

Day 1	ELEMIS Cellutox Seaweed Body Wrap	75
	CODAGE Contouring & Drainage Massage	60
Day 2	ELEMIS Targeted Contouring Treatment (Buttocks & Thighs)	30
	ELEMIS Pro-Glow Smooth Facial	50
Day 3	ELEMIS Targeted Contouring Treatment (Abdomen)	30
	ELEMIS Pro-Glow Smooth Facial	50

FINDING EQUILIBRIUM THROUGH RELAXATION \		3 Days \ 540 €
Day 1	CBD Relaxing Massage	60'
	ELEMIS Foot Treatment	30'
Day 2	ELEMIS Aromatherapy Massage	90'
Day 3	ELEMIS Deep Tissue Full Body Massage	60'
	ELEMIS Pro-Glow Radiance Facial	50'

### PRO -AGEING BOOTCAMP \

5 Days \ 900 €

Day 1	ELEMIS Pro-Glow Genius Facial	75'
	ELEMIS Targeted ContouringTreatment (Abdomen or Thighs)	30'
Day 2	ELEMIS ELEMIS Pro-Glow Brilliance Facial	50'
Day 3	ELEMIS Pro-Glow Smooth Facial	75'
	ELEMIS Targeted ContouringTreatment (Abdomen or Thighs)	30'
Day 4	CODAGE Contouring & Drainage Massage	60'
Day 5	ELEMIS Pro-Glow Brilliance Facial	50'

### 2h20'\260€

THF	ELEMIS	
	Aromatherapy Massage	90'
SLEEP	ELEMIS	
RECOVERY\	Pro-Glow Brilliance Facial	50'

SPA		
TOGETHER \	90'\240€ (per pers	on)
Frangipani Lovers Couple's Retreat	ELEMIS Deep Tissue Full Body Massage ELEMIS Pro-Glow Brilliance Facial	60' 30'
	90'\220€ (per pers	on)
"Mazi" Spa Experience	ELEMIS Aromatherapy Massage ELEMIS Pro-Glow Smooth Facial	60' 30'
	2h30'\34	0€
Soma Spa Bride Spa Rituals	ELEMIS Intensely Cleansing Salt Scrub ELEMIS Pro-Glow Facial CBD Relaxing Massage	40' 50' 60'
	2h30'\31	0€
Soma Spa Groom Spa Rituals	ELEMIS Deep Tissue Massage ELEMIS Pro-Glow Men's Facial with LED Light Men's Pedicure	60' 60'

## SPA GENERAL ETIQUETTE \

WHEN TAKING A TREATMENT \

Soma Spa and its environs are strictly no smoking areas. We do not allow mobile phones in our customer areas, please leave them switched on in your room. This is the time for your body and mind to release the worries and stresses of the day. Please conduct all conversations at levels consistent with a relaxing Spa environment.

All guests will be required to complete and sign a Health & Lifestyle Questionnaire upon arrival, prior to entrance to the facilities. If you have a gift voucher, please remember to bring this with you on the day to hand to Spa Reception. All facilities are subject to avail- ability.

Please notify us at least 24 hours in advance for any cancellations. Any cancellation or rescheduling with less than 24 hours of notice or no-show appointments, will result in the full cost of scheduled service to be charged.

Please arrive in good time to enjoy the facilities and ensure that you are ready to be collected by your therapist at the allotted time. Time lost through late arrival will result in a shortened or amended treatment being offered without refund. Underwear or suit- able swimwear should be worn going into the treatment room and during treatments.

For some treatments you will be provided with disposable undergarments by your thera- pist, and suitable towel draping will be used at all times. During treatments, please let your therapist know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too firm.

Your comfort and care is our greatest concern and priority. If you have a particular injury or physical condition, please explain it to the therapist. They can suggest appropriate adjustments to the treatment for your comfort and enhancement.

There is no pressure to talk during a treatment. It is entirely up to you. If you have any questions or would like to talk, certainly do so. The therapist will take their cues from you. If you are quiet they will be too.

We hope you enjoy this interlude of pampering and relaxation. Your comments are always welcome.





